

90-HOUR NURSE AIDE PART I**CLASS SCHEDULE AND CONTENT**

This class schedule and content is to be completed and kept at the training site. It must be presented to the department upon request. Please indicate the date(s), time(s), number of hours, and if being taught during class or clinical for each topic. Do not use an "X" when indicating hours.

Date(s)	Time(s):(am/pm)	COURSE TOPICS	Hours	Class	Clinical
		UNIT 1 - WORKING IN AN ADULT CARE HOME			
		UNIT 2 - BASIC COMMUNICATION SKILLS			
		UNIT 3 - COMMUNICATING WITH THE CONFUSED RESIDENT			
		UNIT 4 - PRINCIPLES OF BODY MECHANICS: LIFTING AND MOVING THE RESIDENT			
		UNIT 5 - SAFE USE OF MECHANICAL DEVICES - PROMOTING RESTRAINT-FREE ENVIRONMENT			
		UNIT 6 - INFECTION PREVENTION AND CONTROL			
		UNIT 7 - BASIC NURSING CARE: THE RESIDENT'S UNIT			
		UNIT 8 - OBSERVING AND MEASURING VITAL SIGNS			
		UNIT 9 - SAFETY			
		UNIT 10 - CLEANLINESS AND GROOMING			
		UNIT 11 - NUTRITION AND FLUIDS			
		UNIT 12 - ELIMINATION			

PART I SKILLS COMPETENCY CHECKLIST**TOTAL CLASS HOURS**_____ **TOTAL CLINICAL HOURS**_____

90-HOUR NURSE AIDE PART II**CLASS SCHEDULE AND CONTENT**

Date(s)	Time(s):am/pm	COURSE TOPICS	Hours	Class	Clinical
		UNIT 13 - BASIC HUMAN NEEDS			
		UNIT 14 - POSSIBLE LOSSES DUE TO AGING			
		UNIT 15 - CARING FOR THE CONFUSED OR WITHDRAWN RESIDENT			
		UNIT 16 - SEXUALITY IN AGING			
		UNIT 17 - CARING FOR THE DYING RESIDENT			
		UNIT 18 - PHYSICAL CHANGES ACCOMPANYING AGING			
		UNIT 19 - COMPLICATIONS OF IMMOBILITY AND THEIR PREVENTION			
		UNIT 20 - REHABILITATIVE/RESTORATIVE CARE			
		UNIT 21 - SPECIAL PROCEDURES			
		UNIT 22 - URINARY ELIMINATION			
		UNIT 23 - BOWEL ELIMINATION			
		UNIT 24 - OBSERVING, REPORTING AND RECORDING			
		UNIT 25 - THE RESIDENT'S CARE PLAN			
		UNIT 26 - ADMITTING OR DISCHARGING A RESIDENT			
		UNIT 27 - FIRST AID IN THE ADULT CARE HOME			
		UNIT 28 - FIRE PREVENTION AND SAFETY: TORNADO PREPAREDNESS			

TOTAL CLASS HOURS _____**TOTAL CLINICAL HOURS** _____